## **ACTIVITIES UNLIMITED GENERAL MEETING MINUTES**

## September 13, 2022

- Call to order by President Doug Cooper at 1:08 pm, at the Christian Reformed
   Church 183 Godwin Ave, Midland Park, NJ. The meeting started slightly late, due to
   the AU Band playing longer than scheduled,
- The AU Band played in a room which had a sliding partition. About 20 members came early and had their lunch and coffee and tea provided by AU.
- Frank Nusspickel led us in the Pledge of Allegiance.
- Reverend Andy Kadzban provided the invocation and a good joke (frog in the pocket).
- John Caikowsky and 5 others gave heartfelt tributes to the passing of Larry Restieri who was a leading member of Trips & Tours.
- Mike Kelley reported that AU's cash position is strong. Mike reminded the group
  that any members who have a TD Bank checking account should notify TD Bank that
  they are an AU member. Give TD Bank code AH005 and AU will receive \$10.00 for
  every member's checking account that is linked to code AH005. If you have a TD
  Bank account, please make the call (201-612-7438 Emily Brady).
- Marty Valerio report that care and concern had no passings since Larry Resteri.
- Marty spoke about the two email blasts he recently started doing. One at the
  beginning of the month, the second mid-month. These emails provide reminders on
  upcoming club meetings. Marty said that his feedback has been good.
- Dave Voehl reported that the membership as of September 12th is now 352; and that we got new member contact information from 15 new people from the Wyckoff Day that was manned by AU for 5 hours.
- George Lewis reminded the members about the Fall Social is Thursday Sept 15, and tickets can be bought at the door for \$40.
- John Murphy and Joe Pullaro spoke about the Men's Wellness Day at the Wyckoff YMCA coming up October 19<sup>th</sup>. Cost is \$20 includes several lectures by doctors and a healthy lunch. The theme of the conference is *Manage Your Life Going Forward*. Only men from the YMCA and AU will be attending this conference. Wives/significant others are not invited.
- Jim Atieh spoke about the Fall Breakfast at the Brick House on October 11<sup>th</sup> for \$17.
   Target is to have 100 AU attendees, to date, 23 checks have been received.
- John Murphy mentioned the annual AU Christmas Dinner and Dance has been scheduled for Monday December 5<sup>th</sup> from 5:30 to 9:30 at Season's at a \$89.50 cost, per person.
- Harry spoke about the proposed change in AU by laws for over members turning 90
  in the new year and having 5 consecutive years of dues paid, being exempt from

- paying the annual \$50 dues. This change must be approved by over 50% of the members attending the General meeting.
- Another By-Law change will be proposed to allow a vote by a majority of members present at a Business Meeting after the required postings.
- We are still looking for replacements for Webmaster, Computer Club chairman (both Don Kirkpatrick) and Newsletter Editor Lou Guarneri).
- Harry introduced Curtis Springstead from AARP, who did an extremely informative presentation on the Six Pillars of Brain Health.
- There were 61 members in attendance at today's meeting; zoom was not offered.
- Doug adjourned the meeting at 2:52 pm.

Respectfully submitted,

Rich Bernarde,

Secretary